

Summer Menu Week 1

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal selection Toast Fresh Fruit (DA, SY, B, WH, O)	Cereal selection Toast Fresh Fruit (DA, SY, B, WH, O)	Cereal selection Toast Fresh Fruit (DA, SY, B, WH, O)	Cereal selection Toast Fresh Fruit (DA, SY, B, WH, O)	Cereal selection Toast Fresh Fruit (DA, SY, B, WH, O)
Morning Snack	Mini Breadsticks Cucumber sticks (WH, B)	Homemade Onion and Chive Straw Tomato slices (WH, DA, E)	Tuc Cracker Pepper Sticks (E, WH, B)	Oatcake and Butter Apple Slices (O)	Cheese and Pineapple (DA)
Lunch	Beef Spaghetti bolognese and Grated Cheese	Chicken Korma, Rice and Naan Bread	Ham, Potatoes and Vegetables with Parsley Sauce	Turkey Stir fry and Egg Noodles	Tuna Pasta and Vegetables
Vegetarian Option	Plant based Spaghetti Bolognese and Grated Cheese (WH, DA, SY)	Plant based Korma, Rice and Naan Bread (C, WH)	Quorn ham, Potatoes and Vegetables with Parsley Sauce (DA)	Plant Based Stir Fry & Egg Noodles (WH, SY, E)	Cheese Pasta and Vegetables (WH, DA, F)
Pudding	Natural Yoghurt and Honey (DA)	Fresh Fruit Platter	Natural Yogurt and Fruit Puree (DA)	Fresh Fruit Platter	Natural Yoghurt and Fruit (DA)
Afternoon Snack	Satsuma Segments	Rice Cake and Sliced Grapes	Pear Slices	Homemade Apricot and Raisin Oat Square (O)	Fruit bread Strawberry Slices (WH, SY)
Tea	Crackers and Cheese Apple Slices (WH, DA)	Filled Rolls and Salad (WH, DA, SY)	Teacakes and Butter Fresh Fruit (WH, SY)	Sandwich Selection and Salad (WH, DA, SY)	Croissants and Honey Fresh Fruit (WH, DA, E)

Dairy – DA, Soya – SY, Barley – B, Wheat – WH, Egg – E, Sesame – SE, Oat – O, Fish – F, C - Coconut

Menu options or ingredients may change due to unforeseen circumstances.

Your Nursery team will let you know if an alternative meal has been provided to your child.

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