

Summer Menu Week One					
Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal selection Toast Fresh Fruit (DA, SY, B, WH, O)	Cereal selection Toast Fresh Fruit (DA, SY, B, WH, O)	Cereal selection Toast Fresh Fruit (DA, SY, B, WH, O)	Cereal selection Toast Fresh Fruit (DA, SY, B, WH, O)	Cereal selection Toast Fresh Fruit (DA, SY, B, WH, O)
Morning Snack	Breadstick Tomato Slices (B, WH)	Rice Cake Apple Slices	Homemade Cheese Biscuit Cucumber Slices (DA, WH, E)	Pitta Sticks Hummus Pepper Slices (SE, WH)	Oat cakes & Cream Cheese Sliced Grapes (DA, O)
Lunch	Tuna Pasta Bake served with Vegetables (DA, WH, F)	Turkey Stir Fry served with Egg Noodles (SY, WH, E)	Pork Sausage & Tomato Casserole served with Potatoes (SY)	Beef Spaghetti Bolognese served with Garlic Bread (DA, SY, WH)	Vegetable Gratin served with Rice (DA)
Vegetarian Option	Cheese Pasta Bake served with Vegetables (DA, WH)	Meat Free Stir Fry served with Egg Noodles (SY, WH, E)	Meat Free Casserole served with Potatoes (SY)	Meat Free Spaghetti Bolognese served with Garlic Bread (DA, SY, WH)	
Pudding	Fromage Frais (DA)	Vanilla Ice Cream & Strawberries (DA)	Natural Yoghurt & Honey (DA)	Fresh Fruit Salad	Natural Yoghurt & Berry Puree (DA)
Afternoon Snack	Pear Slices	Blueberry & Banana Oat Slice Grapes (O)	Banana Slices	Rice Cake Nectarine Slices	Fruit Bread Pineapple Slices (SY, WH)
Tea	Bagels served with Cream Cheese & Cucumber (DA, WH)	Filled Rolls served with Salad (DA, SY, WH)	Baked Beans served with Bread & Butter (WH)	Crackers & Cheese served with Apple (DA, WH)	Sandwich Selection served with Salad (DA, SY, WH)

Dairy – DA, Soya – SY, Barley – B, Wheat – WH, Egg – E, Sesame – SE, Oat – O, Fish – F, C - Coconut

Menu options or ingredients may change due to unforeseen circumstances.

Your Nursery team will let you know if an alternative meal has been provided to your child.