

Sample Menu

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Homemade Tuna Pasta Bake in a Creamy White Sauce served with Vegetables	Homemade Ham and Vegetable Frittata served with Salad	Vegetable Risotto	Chicken and Vegetable Casserole with Boiled Potatoes	Beef Lasagne served with Garlic Bread
Vegetarian Option	Homemade Cheese Pasta Bake in A Creamy White Sauce served with Vegetables	Homemade Cheese and Vegetable Frittata served with Salad.		Quorn Chicken Casserole with Boiled Potatoes	Quorn Lasagne served with Garlic Bread
Pudding	Fruity Fromage Frais	Ice cream and Crunchy Wafers	Fruit and custard	Natural Yoghurt and Honey	Fruit Salad
Tea	Warm Croissants with Honey and a Selection of Fruit	Baked Beans served with bread and butter and Fresh Fruit	Crackers and Cheese Served with Salad	Homemade Soup served with Bread and Butter and Fruit	A selection of Sandwiches served with Salad